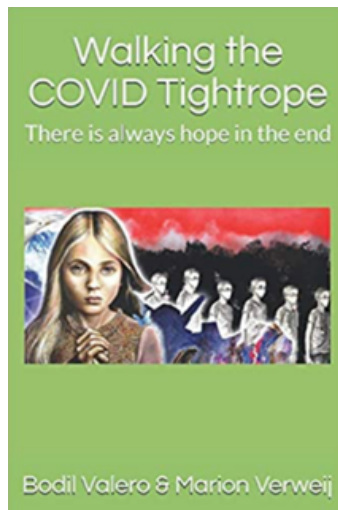


Book: WALKING THE COVID TIGHTROPE There is hope in the end



COVID-19 united us across the world in ways we had never seen before. At the same time, it was very personal to each individual. Virus contagion reports per country and growing statistics caused increasing unrest. This pandemic affects us all one way or another, yet we experience the stranger in our midst in different ways.

The book *Walking the Covid Tightrope* has just been released. Full of fascinating stories from around the world. "It was amazing to compile stories from twenty-seven people sharing their personal experience with COVID with great honesty; the good, the bad, the ugly and the beautiful," said one of the authors, Bodil Valero. "It is an insight both into how different people experienced lockdown and the environment they were in at the time."

Most stories were written in August through to October, just as news of a second wave was reaching us. They are personal stories. Individual lives within the statistics—people finding their way to deal with the situation in which they unexpectedly found themselves.

Author Marion Verweij: "Within the nightmare, there were also positive things that came into people's lives. Many people write about humanity, despite difficulties, or perhaps because of the problems being faced. Others spoke of the positions they felt urged to take. Each story offers its own reflection, its own questions to us all."

Walking the Covid Tightrope is a book you'll be unable to put down until you get to the end and will leave you the richer for it. Go to your nearest amazon store and order your copy.

Compiled by:

Bodil Valero is Swedish and usually divides her time between Sweden and Catalonia. In Catalonia, she runs a sustainable hotel and is involved in an environmental organization with her husband. She graduated in Romance languages and Law and has been active in politics since 1994. She has been a Member of the Swedish Parliament and a Member of the European Parliament.

For more information, please see <http://www.bodilvalero.eu>

Marion Verweij is English and has lived most of her adult life in the Netherlands, together with her Dutch husband. She is an author, copywriter, researcher and poet. She also works as a consultant for an African-European NGO working to advance human rights and dignity in Africa. She has spent over thirty years conducting activities to do with humanity.

For more information, please see www.excellentza.nl