



# Touching Tomorrow

## New Book Release:

Art and poetry  
for the inner  
researcher

Touching Tomorrow can be purchased at:

US: <https://www.amazon.com/dp/B08C7KJ9SZ>

CA: <https://www.amazon.ca/dp/B08C7KJ9SZ>

UK: <https://www.amazon.co.uk/dp/B08C7KJ9SZ>

Europe: <https://www.amazon.de/dp/B08C7KJ9SZ>

Contact: [www.excellentza.nl](http://www.excellentza.nl) and [www.markstolk.com](http://www.markstolk.com)

**Touching Tomorrow** offers art and poetry into the dialogue concerning what life will be like tomorrow, and how nature, spirituality, death and life may change how we meet what's next. It's part of who we are as humans to wonder about the future.

**Touching Tomorrow** takes some of the issues many ponder about, especially since our lives were turned upside down earlier this year. It invites contemplation about humanity, about living in a time of crisis, about whether our current situation could be a wake-up call. It ponders about what sort of inner world we want to see that can contribute to a collective turnaround that is possible in this time. Are we a victim or a co-creator? Survivor or volunteer? Do we rush outside ourselves to try to change the world, or first put our own facemask on before helping others?

**Touching Tomorrow** is a book of paintings and poetry in consideration of life, the now, the future and evolution. Each poem and painting speaks to us about different facets of being human at this time. The book offers contemplation, meditation, inner reflection and for quiet dialogue with friends. Early in 2020 the world as we knew it changed. Something entered our lives causing a stop; it threw us into an unknown. Over half the world found themselves contained at home. Millions started searching for how they could contribute to the situation we found ourselves in, instigated by something we call COVID-19. The idea of bringing together some art and poetry in this way seemed timely. Perhaps a contribution into what could happen now if enough of us want it. Perhaps part of a process, a movement, that is happening at this time.

**Touching Tomorrow** is a book that art and poetry lovers would want on their coffee table. Those who want to deepen their understanding about humanity and are brave enough to take on the challenge of themselves, would want it on the bedside table. It's something that those who want to see more quietness and stillness in this world will want to give as presents to their friends.

**Touching Tomorrow** came together from the years of two artists, Marion Verweij and Mark Stolk, journeying through life. It is a response to what might be needed now, and perhaps it touches a little upon what is arriving from tomorrow.